

Discover Your Why in 5 Simple Steps

Posted by [Angie](#) | On 21 February 2015 | [Articles](#)

If you are a breathing human being in this world, you are passionate about something. If you are reading this, you are PROBABLY a breathing human being and in this world. Maybe you already know your why. If you do, you're a step ahead of a lot of people. Most of us struggle with this at least a little. It's the old cliché and existential question, "Why am I here?"

When I first became a webcam model, it didn't take long for me to see what I had uncovered. It was like a brand new beginning and a chance to actually pursue what I wanted out of life. Getting away from the daily 9-5 grind gave me freedom I had only ever daydreamed about. Webcam modeling became the path to fulfilling my own why.

If you want to start over or make some real change in your life, you need to find your own driving forces first. The answers you find will not only determine the path you take, but also drive you down it.

I used to drag myself out of bed because I didn't know why I was doing it. Now I wake up excited, like totally looking forward to the day sometimes. No, I'm not bipolar. Yes, there is a happy medium here... but you get the point lol.

Don't think about the circumstances, where you are, or the people around you. Who are YOU? What do YOU want? Where will YOUR dreams and visions take you?

This is true of any quest for individuality. Whether you are starting over after a failed relationship, a stale existence in an old place, or an old set of beliefs that no longer serve you – you've got to answer these questions without external influences. It's a pivotal step on the way to defining your self and living your life on purpose, with purpose.

What makes you tick?

What are you passionate about?

What is your why?

As a starting point, I personally recommend [The Passion Test](#). It's a simple but effective method of finding and living a life that is fulfilling to you. It's not a new book so you can probably save some dollars by picking it up at the library if you want to check it out (happy pun accident lol).

The Passion Test's main idea is to create a list of things that you are passionate about. Simple enough. Then you zoom in on the things that tug at your heart or excite you in some way, and you have found your passions. You work through the list until you have only one or two core passions at the top. I think the real value of this book is in the step by step guidance it offers. It's also really inspiring.

I created my own condensed version of the method to get you started.

The driving forces of our lives aren't always static, and it's totally normal if you find your passions shifting and drifting over time. If you do up this exercise every 6 months or so, you'll have the framework for the life you want.

Go get it girl (or guy).

As always, comments and questions are totally cool.

Cheers.

Angie

I'm a 26 year old Canadian, musician, and camgirl. I quit my day job in July 2013 thanks to webcam modeling, and I created U Camgirl to share what I've learned along the way. I'm here to answer questions and help anyone interested in pursuing webcam work.

